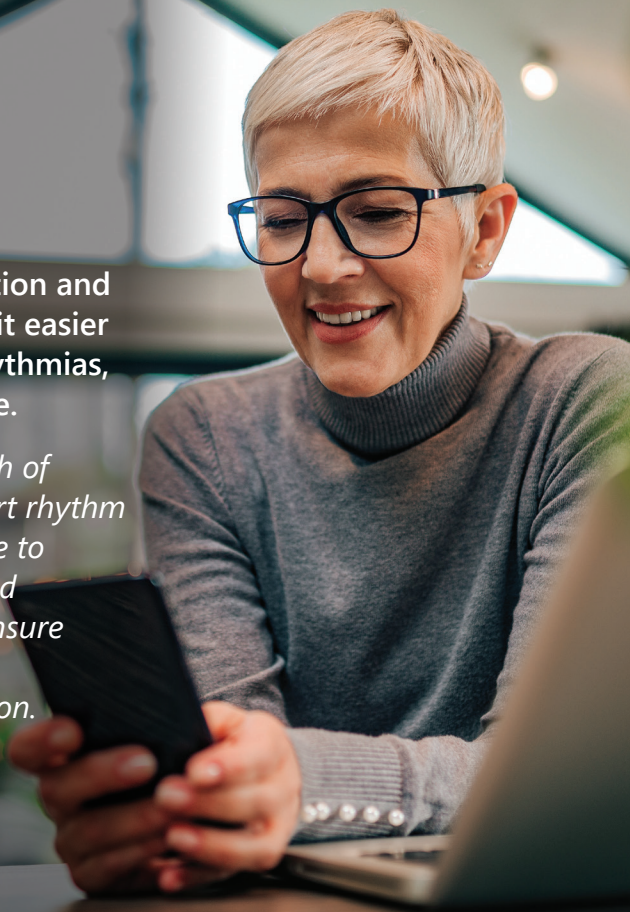




Patient Resources Directory

We have a range of information and resources available to make it easier to find out more about arrhythmias, atrial fibrillation and syncope.

Our resources provide a wealth of information regarding all heart rhythm conditions, they offer guidance to support patient's questions and for medical professionals to ensure their patient's have a better understanding of their condition.



Patient Resources

For Patients & Caregivers

www.heartrhythmalliance.org/aa/uk



Arrhythmia Alliance Resources

Checklists

- Arrhythmia checklist

Booklets

- Arrhythmias: Understanding your condition
- Bereavement: Life following the loss of a loved one
- Bertie's pacemaker (paediatric)
- Bradycardia
- Catheter ablation for SVT
- CRT/ICD/S-ICD/EV-ICD patient information
- Devices for an arrhythmia
- Diagnosing cardiac arrhythmias
- Drug treatment for heart rhythm disorders (arrhythmias)
- Emily's ICD (paediatric)
- Identifying the undiagnosed person (how mobile devices can make a difference)
- Inherited arrhythmias and genetic testing
- Insertable cardiac monitor (ICM)
- Living with heart failure
- Long QT syndrome
- Mindfulness and healthy living with an arrhythmia
- Pacemaker patient Information
- Remote monitoring
- Supraventricular tachycardia (SVT) patient information
- Tachycardia
- Treatment options for an arrhythmia
- Understanding ECG monitors
- What can I do about sudden cardiac arrest?
- What is an AED? (paediatric)

Discussion Guides

- Cardiac Implantable Electronic Device (CIED)
- ICD/S-ICD and EV-ICD
- Supraventricular tachycardia (SVT)

Information Sheets

- Brugada syndrome
- Catecholaminergic polymorphic ventricular tachycardia (CPVT)
- Deactivating the shock function of an ICD towards the end of life
- How my heart works (paediatric)
- Implantable cardioverter defibrillator (ICD) summary for the patient
- Inappropriate sinus tachycardia (IST)
- Insertable cardiac monitor (ICM)
- Junctional ectopic tachycardia (JET)
- Know the difference - Make a difference
- Know Your Pulse in four steps
- Learn to take your pulse (paediatric)
- Left cardiac sympathetic denervation (LCSD)
- Living with SVT - Dr Benjamin Steinberg
- Paroxysmal supraventricular tachycardia (PSVT)
- Sudden cardiac arrest (SCA) vs heart attack
- Understanding your blood pressure
- Ventricular fibrillation (VF)
- Wolff-Parkinson-White syndrome (WPW)



AF Association Resources

Checklists

- AF checklist
- Patient & primary care checklist

Booklets

- Atrial fibrillation (AF) and heart failure
- Atrial fibrillation (AF) & You
- Atrial fibrillation (AF) drug information
- Atrial fibrillation (AF) Fact File
- Atrial fibrillation (AF) patient information
- Atrial flutter patient information
- Cardioversion of atrial fibrillation
- Frequently asked questions for AF
- Living with AF and atrial flutter
- Mindfulness and healthy living with AF
- Preventing an AF-related stroke
- Treatment options for AF

Discussion Guides

- Ablation for Atrial Fibrillation (AF)
- Atrial fibrillation (AF)
- Atrial fibrillation (AF) & heart failure
- Battling Atrial Fibrillation (AF)

Information Sheets

- 6 myths about atrial fibrillation
- AF-related stroke
- Amiodarone
- Anticoagulation and atrial fibrillation (AF)
- Anticoagulation: self-monitoring
- Apixaban
- Aspirin
- Atrial fibrillation (AF)

- Atrial fibrillation (AF) and heart failure
- Atrial flutter
- Beta blockers
- Cardioversion
- Cognitive behavioural therapy (CBT)
- Dabigatran
- Digoxin
- Dronedarone
- Ectopic heartbeats
- Edoxaban
- Flecainide
- Heparin
- Left atrial appendage occlusion (LAAO)
- Living with AF
- Pacemaker & AV node ablation for AF
- Pill-in-the-pocket
- Preparing for an ablation for atrial fibrillation (AF)
- Randomisation
- Rate limiting calcium channel blockers (CCBs)
- Rate versus rhythm management
- Recovering from an ablation for atrial fibrillation (AF)
- Rivaroxaban
- Understanding the link between Atrial Fibrillation & Heart Failure
- Warfarin & diet
- Warfarin & other medication
- Warfarin therapy
- What is a clinical trial?
- What is AF?
- What is AF & know your pulse?

Checklists

- Blackouts checklist

Booklets

- Cognitive behavioural therapy (CBT)
- Frequently asked questions for RAS
- Jack has RAS
- Living with low blood pressure
- Mindfulness and healthy living with syncope
- Postural tachycardia syndrome (PoTS)
- Psychogenic blackouts
- Reflex anoxic seizures (RAS)
- Reflex syncope (VVS)
- STARS education information
- Syncope and falls in the elderly (SaFE)

Discussion Guides

- Postural tachycardia syndrome (PoTS)
- Reflex anoxic seizures (RAS)
- Syncope

Information Sheets

- 6 Myths about Syncope
- Blackouts (paediatric)
- Bradycardia (slow heart rhythm)
- Diagnostic tests for syncope - patient information
- General information for anaesthetists
- How my heart works (paediatric)
- International guidelines for active standing test procedure
- Living with syncope and reflex anoxic seizures (RAS)
- Postural tachycardia syndrome (PoTS)
- Reflex anoxic seizures (RAS) paediatric
- Syncope and your diet - online for teens
- Syncope during pregnancy
- Syncope (paediatric)
- You are what you eat - a guide to healthy eating for patients with vasovagal syncope & PoTS

**As a group of charities
we are here to support
patients and their
families and provide
more information for
healthcare professionals.**

For further information please visit www.heartrhythmalliance.org/aa/uk/

Notes

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Want to know more?

If you have any questions, would like further advice or information, please contact our Patient Services Team

Call: **+44 (0)1789 867 501**

Email: **info@hearrhythmiaalliance.org**

or visit: **www.hearrhythmiaalliance.org**

For more information on our online and in-person Patient Educational Events, scan the QR Code below:



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