



## Social Media Toolkit



**Thank you for offering your support to Arrhythmia Alliance during SVT Awareness Day via your social media platforms**







During **World Heart Rhythm Week** on **Wednesday 03 June 2026**, we are asking for your support to help educate and raise awareness of symptoms and treatment options for Supraventricular Tachycardia (SVT) also known as Paroxysmal Supraventricular Tachycardia (pSVT), and just how important it is to **Know Your Pulse to Know Your Heart Rhythm - It Could Save Your Life**.

Arrhythmia Alliance is proud to host SVT Awareness Day each year and is looking forward to your support. You can show your support and get involved by sharing the messaging included in this toolkit and adding the events to your calendars. We have made it easy for you! Everything you need is all here in this toolkit to join us and raise awareness.





Be sure to tag us and use the hashtags **#SVTawareness** and **#WHRW2026**





### SVT Awareness Day Social Media Toolkit UK

Platform:	Graphic:	Caption:
	 <p>WORLD HEART RHYTHM WEEK      01-07 JUNE 2026      Your Heart, Your Rhythm, Your Story.      #WHRW2026      #SVTawareness      03 JUNE 2026      Arrhythmia Alliance  <b>SVT Awareness Day</b>      www.hearrhythmalliance.org  <i>Raising awareness of Supraventricular Tachycardia (SVT)</i>  <a href="#">Download for Facebook</a></p>	<p>Today is Supraventricular Tachycardia (SVT) Awareness Day.</p> <p>SVT is a rapid abnormal heart rhythm that starts in the upper chambers of the heart. Raising awareness can help more people recognise the symptoms, understand the causes, and explore treatment options.</p> <p>Learn more and support the campaign:  <a href="https://hearrhythmalliance.org/svt-awareness-day">https://hearrhythmalliance.org/svt-awareness-day</a></p> <p>SVT Awareness Day is led by Arrhythmia Alliance, working to improve the lives of people affected by heart rhythm conditions.</p> <p>#SVTAwarenessDay #WHRW2026</p>

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		<p>Today is Supraventricular Tachycardia (SVT) Awareness Day.</p> <p>Raising awareness supports earlier recognition and improved management of this common arrhythmia.</p> <p>Learn more: <a href="https://heartrhythmalliance.org/svt-awareness-day">heartrhythmalliance.org/svt-awareness-day</a></p> <p>#SVTAwarenessDay #WHRW2026</p>
		<p>Supraventricular Tachycardia (SVT) Awareness Day led by Arrhythmia Alliance highlights the importance of recognising and managing rapid atrial arrhythmias in clinical practice.</p> <p>Improving awareness among both patients and healthcare professionals can help reduce delays in diagnosis and optimise treatment strategies.</p> <p>Explore resources and join the campaign: <a href="https://heartrhythmalliance.org/svt-awareness-day">https://heartrhythmalliance.org/svt-awareness-day</a></p> <p>#SVTAwarenessDay #WHRW2026</p>

## SVT Awareness Day Social Media Toolkit US

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